

The University of Great Falls Cross Country team begins their 2011 season this weekend at Idaho State University. First year Head Coach Chad Colwell has an impressive group of returners on both the men's and women's teams. The Argo Men, who finished 2nd at last year's Frontier Conference Championships, return six seniors: Shane Donaldson, Riley Frazier, Shane Weldon, Jared Reyes, in addition to NAIA Cross Country National Qualifiers Rigoberto Jimenez and Tyler Nilson. Along with the seniors, the men's team features junior Andrew Hornung, junior transfer Joseph Hartmeier, sophomore Cameron Bates and freshman Austin Morgan. "The men's team is poised for success this year. We have great senior leadership and talent. The guys' training has been going extremely well" says Coach Colwell.

The Argo Women are led by seniors Brandi Eloff, Jenni Hill, and Alex Borunda along with juniors Shelby Tritthart (16th at the Frontier Conference Championships in 2010), Christina Bruce, and transfers Loni Hanson and Jenyffer Ortega along with sophomore Brittany Johnson. Coach Colwell is equally enthused for the women's season. "We have a talented group of ladies who have been training very well and are excited to race."

The women will run a 3k at Centennial Course in Pocatello on Saturday at 9:00am. The men will follow at 9:30am racing a 6k course.