



University of Great Falls  
**ARGONAUTS**

## SPORTS INFORMATION \* NEWS RELEASE

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### **Brewer Announces Key Addition To UGF Track Staff**

**GREAT FALLS, MT** – University of Great Falls head cross-country/track and field coach **Jim Brewer** has announced the hiring of **Paul Johnson** as the university's new Director of Track and Field. Johnson brings a wealth of experience to the Argonaut track and field program having coached every event for the past 32 years. He served as the head track and field coach at Stanwood High School in Stanwood, Washington from 1977 to 2009 as well as the head cross-country coach for Stanwood High School from 1981 to 2008. His vast knowledge of every event will not only be advantageous for the young Argonaut track and field team entering only its' second year of existence, but will also be very beneficial for the existing coaching staff.

"I have known Paul for the past 26 years and he is one of the most diligent, hard working individuals I know," Brewer said. "His experience and previous coaching success will bring an instant sense of confidence and trust to what he teaches the athletes and coaches on our track and field team. He is also very gifted with administrative details, film analysis, and working one-on-one with individual athletes or large groups. Paul is an exceptional teacher of the fundamentals and techniques. He has coached 22 athletes to state and national individual Junior Olympic titles over the years. He coaches the decathlon/heptathlon every summer and has had 14 athletes advance to the National Junior Olympics including one National Champion. These are just a few of the many statistics and attributes he has that will make him an excellent director of our program."

Johnson has written detailed analyses of every track and field event, including teaching progressions and drills that he has used with his athletes for over 30 years. "I am slated to begin work at some point on a project where we will make DVD's of professional quality, teaching coaches how to teach every event (in track and field)" said Johnson. His desire to help others teach the sport stems from his extensive background as an educator. Johnson retired a year ago after 36 years of education in the state of Washington. His teaching certifications include Spanish, mathematics, and weightlifting.

The newest Argonaut coach has a history of attracting a large team. During his tenure at Stanwood High, Johnson's cross-country teams had as many as 100 runners and his track and field teams boasted an incredible 175 athletes. "I take great pride in coaching every athlete on our teams, not just the best ones. I am enthusiastic, encouraging, and challenging. I expect athletes to work as hard as I do and we have fun at the same time," explains Johnson. His proven motivational coaching style and ability to individualize his teaching will be a great fit for the University of Great Falls. 65 track and field athletes are committed to compete for the Argos this upcoming school year under the leadership of Brewer and Johnson.

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